

MENU ITEMS

Description	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Breakfast 6.45 am - 8.15 am on weekdays (Monday to Friday)</p> <p>8.00 am - 9.15 am on Saturday, Sunday and Institute Holidays</p>	<p>02 numbers 200 gram each stuffed Paronthas* with 100 gram curd/17 gram Butter/ 20 gram Jam/ Boiled egg (01 no)</p> <p>OR</p> <p>04 numbers of Bread Slices (sandwich bread cake size) with 17 gram Butter or 20 gram Jam or Boiled egg (01 no) or (8.5 gram Butter and 10 gram Jam).</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>	<p>02 numbers Plain Paratha with Alu sabzi</p> <p>OR</p> <p>04 numbers of Bread Slices (sandwich bread cake size) with 17 gram Butter or 20 gram Jam or Boiled egg (01 no) or (8.5 gram Butter and 10 gram Jam)</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>	<p>02 numbers Purees with Aaloo with 100 gram curd, pickle/chutney.</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>	<p>02 numbers 200 gram each stuffed Paronthas* with 100 gram curd/17 gram Butter/ 20 gram Jam/ Boiled egg (01 no)</p> <p>OR</p> <p>04 numbers of Bread Slices (sandwich bread cake size) with 17 gram Butter or 20 gram Jam or Boiled egg (01 no) or (8.5 gram Butter and 10 gram Jam)</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>	<p>02 numbers 200 gram each stuffed Paronthas* with 100 gram curd/17 gram Butter/ 20 gram Jam/ Boiled egg (01 no)</p> <p>OR</p> <p>04 numbers of Bread Slices (sandwich bread cake size) with 17 gram Butter or 20 gram Jam or Boiled egg (01 no) or (8.5 gram Butter and 10 gram Jam)</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>	<p>02 numbers Plain Paratha with Alu sabzi</p> <p>OR</p> <p>04 numbers of Bread Slices (sandwich bread cake size) with 17 gram Butter or 20 gram Jam or Boiled egg (01 no) or (8.5 gram Butter and 10 gram Jam)</p> <p>OR</p> <p>Poha with Tomato Chutney/Idli Sambhar/Bada Sambhar/Daliya/ Sprouts</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>	<p>02 numbers 200 gram each stuffed Paronthas* with 100 gram curd/17 gram Butter/ 20 gram Jam/ Boiled egg (01 no)</p> <p>OR</p> <p>04 numbers of Bread Slices (sandwich bread cake size) with 17 gram Butter or 20 gram Jam or Boiled egg (01 no) or (8.5 gram Butter and 10 gram Jam)</p> <p><i>With 200 ml Boiled milk/Tea with sugar dissolved.</i></p>
<p>Lunch 12.30 pm - 2.30 pm on weekdays (Monday to Friday)</p> <p>1:00 PM to 2:30PM on Saturday, Sunday and Institute Holidays</p>	<p>Chapati, seasonable green vegetable and Rice Daal: Raajama</p> <p>Curd 100 gram with chat masala</p>	<p>Chapati, seasonable green vegetable and Rice Soy nuggets/vegetable kofta</p> <p>Onion tomato Raita (with quantity of Curd 100 gram)+papad</p>	<p>Chapati, seasonable green vegetable and Rice Daal: Lobia/Raungi</p> <p>Boondi Raita (with quantity of Curd 100 gram)</p>	<p>Chapati, seasonable green mix vegetable and Rice Karhi pakora</p>	<p>Chapati, seasonable green vegetable and Fried Rice Daal: Chanaa Black</p> <p>Onion tomato Raita (with quantity of Curd 100 gram)+papad</p>	<p>Chapati, seasonable green vegetable and Rice MoongSsabut</p> <p>Curd 100 gram with chat masala</p>	<p>(Special Lunch) Puree/Bhature, Rice Pulao, White Channa,</p> <p>Boondi Raita/Dry Masala Aloo</p>
<p>Evening Tea (5.00 pm - 6.00pm)</p>	Evening Tea	Evening Tea	Evening Tea	Evening Tea	Evening Tea	Evening Tea	Evening Tea
<p>Dinner 7.15 pm - 9.00 pm on all days</p>	<p>Chapati, Rice, Daal fried (Moong Sabut / Moong Dhuli), seasonable green vegetable</p>	<p>Chapati, Rice, Daal fried (Urad Sabut), seasonable green vegetable</p> <p><i>Sweet Dish: Halwa</i></p>	<p>(Special Dinner) Puree, White Chana, Shahi Paneer (Paneer 50gms.)/Chilli Paneer (Paneer 50gms.) on alternate week, Fried Rice</p>	<p>Chapati, Rice, Daal fried (Masur Dhuli/ Masur Sabut), seasonable green vegetable</p> <p><i>Sweet: Gulabjamun / rasogulla</i></p>	<p>Chapati, Rice, Daal fried (Arhar), seasonable green vegetable</p> <p><i>Sweet Dish: Fruit Custard / Kheer</i></p>	<p>Chapati, Rice, Rajmah, seasonable green vegetable</p> <p><i>Sweet Dish: Fruit Custard / Kheer</i></p>	<p>Chapati, Rice, Daal fried (Moong Chilke wali), seasonable green vegetable</p>

*Seasonable vegetable stuffing as per availability. Stuffing should vary on different days.

Note: 1. Daal, Sabji, Chapatti, Rice shall be served in unlimited amount. 2. Curd, Butter, Milk/Tea, Sweet Dish, Paneer, Egg items shall be served in limited amount. 3. Salaad (seasonal-03 different items including onion with ¼ lemon additional) and pickle, saunf shall be served every day with Lunch and Dinner both. 4. Mess menu may be modified in consultation with Hostel Mess Committee, Warden and Chief Warden of the concerned hostel.